

ONE PAGE CV

JOHN S. GILLICK, MD, MPH

LICENSURE:	CALIFORNIA MEDICAL LICENSE - C-031808	1969-present
MEDICAL SCHOOL:	ST. LOUIS UNIVERSITY SCHOOL OF MEDICINE	1964-68
INTERNSHIP:	PHILADELPHIA GENERAL HOSPITAL, PA Internal Medicine	1968-69
RESIDENCY:	HAHNNEMAN UNIVERSITY, PA. Internal Medicine	1969-70
	WALTER REED ARMY MEDICAL CENTER, DC Anesthesiology and Pain Medicine	1971-73
POST-RESIDENCY:	MEDICAL COLLEGE OF WISCONSIN Masters in Public Health, Occupational Medicine	1995-98
QME - Qualified Medical Examiner (State of CA)		since 1995
Certified, ABIME (American Board of Independent Medical Evaluators)		1997
AMA Guidelines certified		

ACADEMICS:

Clinical Professor of Anesthesiology at UCSD Medical Center, non-salaried	1983-present
Clinical Professor of Internal Medicine at UCSD Medical Center, non-salaried	1994-present

BOARD CERTIFICATION:

- | | |
|--|--------------------------|
| 1. Diplomat American Board of Anesthesiologists | since 1974 |
| 2. Diplomat American Board of Internal Medicine | since 1975 |
| 3. Diplomat American Board of Preventive Medicine,
Certified in Occupational Medicine | since 1999
since 1999 |

CURRENT ACTIVITIES / WORK EXPERIENCE:

1. PAIN Evaluation & PAIN MANAGEMENT/ Consultation – Non-invasive, Non-narcotic (Diagnosis confirmation)
 - a. Specialize in Idiopathic/ Myofascial Pain Disorders: definition and resolution with return to full function
 - b. Work Comp/ Forensic: IME’s; QME’s; AME’s; second opinion; AOE/COE; P&S; pre-surgery; failed back surgery
 - c. Evidence-based/ experience-based medicine approach: identification of pain causes and pain magnifiers pa with specific address and elimination/ minimization of the causes and the magnifiers.
 - d. Non-narcotic, common sense behavioral modification, ergonomics. Minimal drug usage
2. Occupational (Industrial) Medicine - Work Comp, Ergonomics & Employee Health
 - a. Occupational and Environmental Medicine Group, UCSD (619-471-9210) 1998-present
 - c. Deployment / Duty fitness / Occ Med Medicine, US Army Reserve 1977-2003
 - d. Locum Tenets –part-time, San Diego (Work Injuries) 1994-97
3. Comprehensive Disability Evaluations: Medicine, Ortho, etc.
 - a. Regional Office, Veterans Affairs, Comp & Pen, fee physician 1995-present
Comprehensive disability evaluations for service related disabilities, new & review
 - b. US Army (Active and Reserve) retention/ fitness for duty 1977-2003
4. Anesthesiology and Pain Medicine:
 - a. Clinical Professor, UCSD, active, non-salaried 1983-present
 - b. Private practice, US Army & locum tenants 1971-2003
5. Internal Medicine:
 - a. Clinical Professor of Internal Medicine, UCSD, voluntary staff 1994-present
 - b. US Army Reserve, TPU support, fitness for duty consultant 1977-2003
 - c. General medicine and geriatrics, VA Med Center, San Diego 1994-95

Practice Interests

<u>Pain Management:</u> non-invasive, non-narcotic	Behavioral Modification	Biomechanical magnifiers of pain
Repetitive stress injuries	Myofascial pain disorders	Reflex sympathetic dystrophies (CRPS)
Upper extremity myofascial dysfunction	Fibromyalgia, pelvic pain, IBS	Ergonomics of workplace & home
Lower extremity myofascial dysfunction	Cervical-brachial disorders	Preventive ergonomic medicine
Low back disorders – Chronic back pain	Foot, ankle, &/ or knee pain	Shoulder pain / syndromes
Swim / Triathlon injuries	Forensics	

**PAIN EVALUATION
PAIN MANAGEMENT/ CONSULTATION**
at the Ocean Beach Medical Office

BY APPOINTMENT ONLY

**1947 Cable Street
San Diego, CA 92107
619-223-1652 FAX: 223-5443**

